



5277 - WG CHEESE QUESADILLA, CN



Nutrition Facts

Serving Size 1 QUESADILLA (68.g)
Servings Per Container 1

Amount Per Serving

Calories 190 **Calories from Fat** 80

% Daily Value*

Total Fat	9 g	14%
Saturated Fat	6 g	30%
Trans Fat	0 g	
Cholesterol	20 mg	7%
Sodium	390 mg	16%
Total Carbohydrate	18 g	6%
Dietary Fiber	2 g	8%
Sugars	1 g	
Protein	9 g	

Vitamin A 8 % • Vitamin C 2 %

Calcium 20 % • Iron 8 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Product Specifications

GTIN	00075278052778	Case Net Weight	21.60 LB
Item UPC		Case L,W,H	20.31 IN, 14.31 IN, 7.25 IN
EDI UPC	007527805277	Cube	1.22 CF
Unit Size		Tie x High	6 x 8
Case Gross Weight	23.85 LB	Kosher Status	No

Features & Benefits

+2.40 OZ. CHEESE QUESADILLA +MIXTURE OF AMERICAN AND MONTEREY JACK CHEESE, PICO DE GALLO, POTATO FOLDED INTO A TOASTED PRESSED WHOLE GRAIN RICH BLEND OF WHEAT AND STONE GROUND WHITE CORN FLOUR TORTILLA +CN LABELED - SERVES 1 OZ. MMA & 1 OZ. EQUIVALENT GRAINS

CN Information

CN LABELED - CN NUMBER 094134 - CN DATE 12-15 EACH 2.40 OZ. QUESADILLA PROVIDES 1.00 OZ EQUIVALENT MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS.

Ingredients

TORTILLA [WHOLE WHEAT FLOUR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM AND/OR SOY BEAN OIL), CORN FLOUR (STONE GROUND WHITE CORN FLOUR, TRACES OF LIME, NO ADDITIVES), CONTAINS 2% OR LESS OF THE FOLLOWING MONO AND DIGLYCERIDES, LEAVENING (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE AND MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE HYDROCHLORIDE, ENZYMES, YEAST, SODIUM METABISULFITE AND NATURAL FLAVOR], PASTEURIZED PROCESS AMERICAN CHEESE [AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], MONTEREY JACK CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), WATER, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, RICE STARCH, POTATOES, SOYBEAN OIL, JALAPENO PUREE (JALAPENO PEPPERS, CITRIC ACID), DEHYDRATED ONION, SODIUM ALGINATE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVOR, JALAPENO SEASONING [SPICES (INCLUDING CHILI PEPPERS), ONION, PAPRIKA, GARLIC, SALT], NATURAL LIME JUICE POWDER [CORN SYRUP SOLIDS AND NATURAL FLAVORS (LIME JUICE SOLIDS, NATURAL FLAVORS), SEASONING BLEND (SPICES, GARLIC, ONION), NATURAL FLAVOR ENHANCER [DEHYDRATED SOY SAUCE (SOY SAUCE (SOY BEANS, WHEAT, SALT), MALTODEXTRIN), YEAST EXTRACT], SPICE, NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)], SODIUM PHOSPHATE. CONTAINS WHEAT, SOY, MILK AND GLUTEN

Preparation and Cooking

CONVENTIONAL OVEN 300°F: FROZEN - NOT RECOMMENDED, THAWED - 10-12 MINUTES. CONVECTION OVEN 300°F: FROZEN - NOT RECOMMENDED; THAWED - 9-11 MINUTES. INTERNAL PRODUCT TEMPERATURE SHOULD REACH 160°F. CONFIRM WITH A MEAT THERMOMETER. TIMES AND TEMPERATURES MAY VARY BASED ON ACTUAL EQUIPMENT AND QUANTITY OF PRODUCT PREPARED. ADJUST ACCORDINGLY. CAUTION: PRODUCT WILL BE HOT

Shelf Life

TOTAL MFR. FROZEN SHELF LIFE IS 365 DAYS FROM DATE OF PACK



Specifications subject to changes, errors and omissions. Printed 11.12.2018

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